EMPATHY

+ EXHIBITS

Brianna Cutts
in collaboration with Robin Frisch

ACM 2019 | The Empathy Show
EMPATHY + EXHIBITS = CURIOSITY CONNECTION COMPASSION
EMPATHY

- The feeling that you understand and share another person’s experiences and emotions
- The ability to share someone else’s feelings
EMPATHY IS INNATE
CURIOSITY

- A strong desire to know or learn something
- Inquisitive interest in others’ concerns
CURIOSITY IS INNATE

Credit: Vitold Muratov [CC BY-SA 3.0 (https://creativecommons.org/licenses/by-sa/3.0)]
21st C. TRENDS:

- CURIOSITY
- EMPATHY
COLLEGE STUDENTS

EMPATHY LEVEL

University of Michigan Institute for Social Research
EMPATHY DECLINE

POSSIBLE CAUSES

- Information overload: numbing, desensitizing
- Social media: narcissism ("Me")
- Looking "down": distraction, disconnection
A person connected with another especially by marriage, kinship, or common interest
EXAMPLE:

“WAIT, WATCH AND WONDER”
Program in Toronto, Canada

- Engaging a parent to be reflective about their child’s inner world of feelings

- Serve and Return

- Joint Attention
EMPATHY IN ANIMALS?

A SCIENTIFIC DEBATE
SELFLESS?

SELFISH?
EMPATHY IN...

Animals = Behavioral

Humans = Cognitive
EMPATHY
IN
HUMANS

2 years old
RIGHT
“holistic”

LEFT
“linear”
empathy
RIGHT
“holistic”

survival
LEFT
“linear”
COMPASSION

empathy
RIGHT
“holistic”

survival
LEFT
“linear”
COMPASSION

- Sympathy for others in distress and a desire to alleviate that stress
EXHIBITS + CONNECTION + COMPASSION = EMPATHY

CURIOSITY
THANK YOU

Brianna Cutts breecutts@gmail.com
Robin Frisch rfrisch@mindsplash.net
ACM 2019 | The Empathy Show